

The Sagebrush Center for Relationship Therapy

POLICIES AND FEES

Fees for therapy (counseling) sessions are determined by a sliding scale that is based on your family income as follows:

Less than \$35,000 a year - \$55

\$35,000 - \$50,000 a year - \$70/hour

\$50,000 - \$75,000 - \$85/hour

\$75,000 - \$90,000 - \$105/hour

\$90,000 - \$120,000 - \$135/hour

Over \$120,000 - \$160/hour

Sessions over an hour in length are charged accordingly. **The fees above include New Mexico sales tax.** Please note that if two members of a couple who live separately are participating in a session you should determine your fee based on your combined income. **If there are extenuating circumstances please let me know.** Early evening (5 and 6 p.m.) and weekend hours are charged a minimum fee of \$75. Sessions 7 p.m. or later are charged a minimum of \$100.

2. INSURANCE

Please pay for your session at the time of our meeting. I do not bill any insurance companies directly for several reasons. The most important of these is that I cannot protect your privacy and right to confidentiality once insurance companies become involved. In addition, if I bill an insurance company I must give you a mental health diagnosis such as depression or anxiety which will then become part of your permanent health record and may be available to future employers. Lastly, many insurance companies retain the right to determine the length of treatment. I believe that such a decision should be in your hands. I am happy to fill our forms which you may submit to your provider for out of network reimbursement.

3. CANCELLATIONS

Twenty-four hour notice is requested if you wish to cancel a session. You will be charged \$25 for sessions cancelled with less than 24-hour notice except in cases of illness, dangerous weather conditions or other emergencies. No shows or sessions cancelled with less than two hours notice are charged your normal full fee.

4. Please silence your cell phone during your session.